UA TTT FAQs

Most of your questions related to FitRankings, using your tracking device, and syncing your data can be found at the links below:
www.fitrankings.com/support
https://fitrankings.zendesk.com/hc/en-us/sections/200556727-FAQ

Other common FAQs and topics are listed below:

General Questions:

- **Can I register after August 31?**
  Yes! The challenge is open to all and is FREE. Participants can register at any time during their city's challenge.

Uploading your mileage

- **Do i need a GPS device to participate?**
  "No! While FitRankings connects to a number of devices, apps, and services to track your activities and runs, you also have the ability to simply manually enter your miles and see your progress on the leaderboard.
  To manually upload your miles, follow the link below:
  https://www.fitrankings.com/add/activity
  PRO TIP: If you do not have a GPS watch, but carry your phone with you while you run, you can download the UA MapMyRun app on iOS and Android to sync with FitRankings. Use the code "MAPMYRUN2020" to earn a free 3-month subscription to UA MMR's MVP premium services.

- **How do I manually upload my mileage?**
  Beginning Monday, August 31, you will be able to add your mileage by following the link below. You will need to be logged into your FitRankings profile. If you experience any issues, please email support@fitrankings.com

  https://www.fitrankings.com/add/activity

- **Which types of activities count towards milestones and totals? Do walks, hikes, or weight sessions count?**
  All workout types count as activities in this challenge; however, there are some stipulations:
    - Only running, walking, and hiking activities will count towards your mileage totals

- Workouts must be a minimum of 20minutes to be logged in this challenge

- **I registered after the event's August 31 start date. Do my past activities count?**
  Yes, your past activities will count towards your totals; however, FitRankings can only pull so much previous activity before you originally register and connect. Unfortunately the 3rd party apps/wearables we connect to only let us pull back a certain amount. To account for data past this point, you must manually enter the data.

Scavenger Hunt and Milestones

- **What's this all about?**
  As you log activities in the UA TTT Challenge, you will receive a digital badge and an email with a puzzle to solve. One you solve the puzzle, you'll be rewarded with discount and prize opportunities. We encourage you to continue running and working out to unlock all of the available rewards!

- **What are the milestones for unlocking scavenger hunts and puzzles?**
  The mileage milestones are:
  - 25 miles logged
  - 50 miles logged
  - 75 miles logged
  - 100 miles logged

  The activities milestones are:
  - 5 workouts logged
  - 10 workouts logged
  - 20 workouts logged
  - 30 workouts logged

- **How do I unlock these opportunities?**
  You will automatically receive an email from FitRankings upon completing a milestone. The email will have clear instructions on how to proceed and receive your reward opportunity.

- **Do I need a GPS device to be eligible for or to unlock milestones and rewards?**
  No. Even if you manually enter your activities, you'll be eligible for these opportunities. However, if cheating, dishonest activity, or rules violations occur, you may be deemed ineligible.

- **What are the prizes and discounts?**
  The offerings vary as they are coming from a list of community and local partners. Part of the challenge is completing the puzzles and scavenger hunt items to find out. Trust us,

you won't be disappointed!

- **What happens if I'm stuck, can't solve a puzzle, or need assistance?**
  If you are having trouble solving a particular puzzle, you can email
  asmith@soulfocussports.com for assistance.

- **How do I redeem a reward once I've unlocked it?**
  Every item that you unlock will have clear instructions on where and how to redeem. In
  some cases, your reward will be an entry into a raffle. There will be clear rules and
  stipulations on when, where, and how these will take place as well as what's at stake.