



# 26.2 MILE CHALLENGE INSTRUCTIONS

Welcome to the 2020 Baltimore Running Festival's 26.2 Mile Challenge. Your race will take you on a virtual tour of Charm City using the same course that is used for the live Baltimore Marathon held annually in October.

As a participant, you will cover the 26.2-mile distance over the course of several days. As a goal we have targeted covering the distance starting October 1 and finishing on October 17. That said, you have flexibility to do it how you wish—cover your miles in 3 or 4 days or as many as 31 days. Make the CHALLENGE whatever is right for you.

## LOGGING YOUR MILES

You can submit your activities Starting Oct 1. here:

<https://runsignup.com/Race/Results/55489#resultSetId-215687;perpage:100>

The screenshot shows the top navigation bar with links for SIGN UP, EVENT INFO, PARTICIPANT INFO, VOLUNTEER, and RESULTS. Below the navigation is a header for the Baltimore Running Festival, dated October 17, 2020, in Baltimore, MD. Social media icons for Facebook, Twitter, Instagram, and YouTube are visible on the right.

Post Virtual Results! This race has virtual events. If you completed a virtual event, submit your results here.

[Submit Virtual Results](#)

### Results

After clicking the SUBMIT VIRTUAL RESULTS button, you will access your personal results page by NAME or EMAIL/BIRTHDATE

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### Participant Tracking

Search By Name

OR

Search By E-mail Address

First Name \*

E-mail Address \*

Last Name \*

Date of Birth \*

[Lookup Registration](#)

[Lookup Registration](#)

Anonymous users are not shown in this report.

If you have registered for this race with an anonymous account, you can view your registration(s) by clicking [here](#).

## Click Log Activities:

BIB NUMBER	NAME	EVENT	REGISTRATION DATE	OTHER DETAILS	RESULT NOTIFICATIONS
657	Chris Tomlinson <a href="#">More Details</a>	26.2 Mile Challenge <a href="#">Log Activities</a>	Sep 14, 2020 at 5:05pm EDT	Gender: M Age: 48 City: Elkridge, MD US	<a href="#">Result Notifications</a>

## Fill in the information in the appropriate boxes.

- Activity, Date and Distance are required.
  - You are on the honor system for this data. Track your miles with any training app or use [google maps](#) to track your route before or after you run. Use the code **MAPMYRUN2020** to earn a free 3-month subscription to Under Armour's [MapMyRun](#) MVP premium services.
- Time is optional but will open benchmark badges along your journey.
- Comments are just for fun to help you capture memories of your trek.

### Chris Tomlinson: 26.2 Mile Challenge

Results will be accepted from Monday September 14, 2020 12:00:am EDT to Saturday October 31, 2020 11:59:pm EDT. [Click here](#) for additional details.

#### New Activity

[Load Activity from File](#)

Activity \* **1**  
  
Run  
Walk  
*Indicate if you walked or ran that day*

Date Completed \* **2**  
  
*How far you traveled that day.*

Distance in Miles \* **3**  
  
miles  
Convert from: ▾

Enter Your Time  
  
HR MIN SEC **4**



Comment **5**  
  
*A little bit about that Days Activity for the record books. (On the high school track with my son. It was lightly raining.)*

[+ Add Another Activity](#) [Import from CSV](#)

You are encouraged to add your activities *each day* so you can track your daily progress and unlock milestone badges along the way. However, you can enter activities at any time between Oct. 1 and Oct. 31. If you make a mistake or need to edit a previous activity, click on the pencil icon on the activities page.

#### Activities

[Log Activities](#)

September 16, 2020  
Run: 2 miles 20:00 Early morning jog around the neighborhood.  
 

**Your Personal Results Page will tally your distance and time from each activity.**

You can track your percentage of the 26.2 goal complete, your cumulative distance and time as well as your pace per mile.

26.2 Mile Challenge Search by name or bib number [Search] Clear All [Refresh]

**Chris Tomlinson**  
26.2 Mile Challenge  
Male Age 48 Elkridge, MD

Certificate [BIB] **657**

Log Activities Set Notifications

Trophy Case

**Overall** Progress 51.1%  
13.4 of 26.2 miles

0 26.2

DISTANCE IN MILES	GUN TIME	PACE
<b>13.4</b>	<b>3:10:30</b>	<b>14:13</b>
OVERALL		
<b>1 of 1</b>		

Activities [Log Activities]

**You can see your Activities here and track your progress along the course map**

Activities [Log Activities]

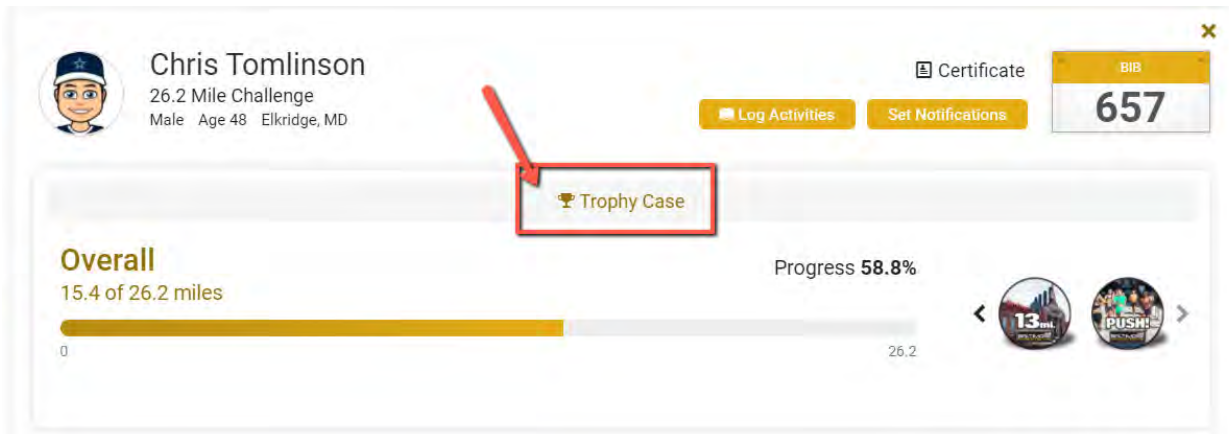
- September 16, 2020  
Run: 2 miles 20:00 Early morning jog around the neighborhood.
- September 15, 2020  
Walk: 3.1 miles 45:00
- September 14, 2020  
Run: 4 miles 1:00:00
- September 13, 2020  
Run: 6.3 miles 1:25:30

Questions About Results?

View Progress on Map

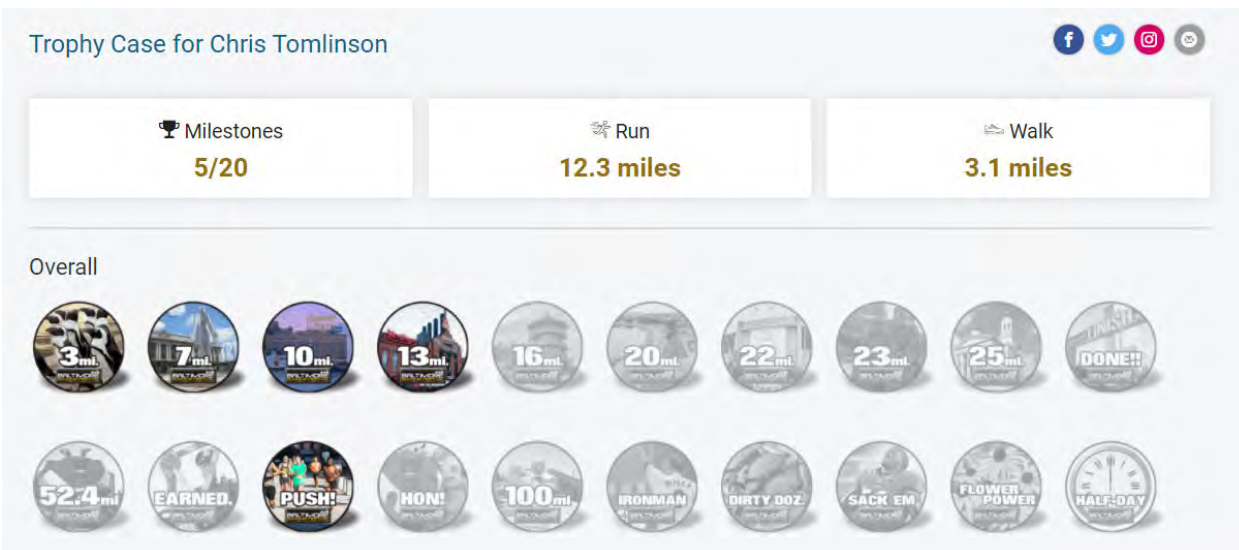
We encourage you to share your personal results page on your social media pages so others can follow along with your progress and successes! You can use the icons in the top of all pages to shar

As you move along the route you can earn Milestone Badges that will appear in your Trophy Case.



There are 20 Milestone Badges. Some are based on your distance; some are based on activities and some on time.

These will UNLOCK once you reach various benchmarks during your challenge. We encourage you to share your progress and your Trophy Case on your social media pages to get the praise you deserve.



**NOTE:** The 26.2 Mile Challenge has a goal of 26.2 miles. However, we encourage you to go further! We have created some specialty badges for those who go OVER the 26.2-mile goal. See if you can unlock them all.

The [RaceJoy App](#) that is offered for the other Baltimore RunFest distances only works with 1-day races. Because the 26.2 challenge is offered over several days RaceJoy will not work for this event.

That said, if you plan to complete a 5k (3.1 miles) or 10K (6.2 miles) in one day as one of your activities, feel free to [download RaceJoy](#) for that segment of your journey.