

26.2 MILE CHALLENGE INSTRUCTIONS

Welcome to the 2022 Baltimore Running Festival's 26.2 Mile Challenge. Your race will take you on a virtual tour of Charm City using the same course that is used for the live Baltimore Marathon held annually in October.

As a participant, you will cover the 26.2-mile distance over the course of several days. As a goal we have targeted covering the distance starting October 1 and finishing on October 15. That said, you have flexibility to do it how you wish—cover your miles in 3 or 4 days or as many as 3 weeks. Make the CHALLENGE whatever is right for you.

LOGGING YOUR MILES

You can submit your activities Starting Oct. 1 here:

<https://runsignup.com/Race/Results/55489#resultSetId-339264;perpage:100>

The screenshot shows the top navigation bar with links for SIGN UP, EVENT INFO, PARTICIPANT INFO, VOLUNTEER, and RESULTS. Below the navigation is a dark blue header with the text "Baltimore Running Festival", "October 17, 2020", and "Baltimore, MD US 21201" with a location pin icon and "Directions". Social media icons for Facebook, Twitter, Instagram, and Messenger are on the right.

Post Virtual Results! This race has virtual events. If you completed a virtual event, submit your results here.

[Submit Virtual Results](#)

Results

After clicking the SUBMIT VIRTUAL RESULTS button, you will access your personal results page by NAME or EMAIL/BIRTHDATE

This screenshot is identical to the one above, showing the website header and navigation menu.

Participant Tracking

Search By Name

OR

Search By E-mail Address

First Name *

E-mail Address *

Last Name *

Date of Birth *

[Lookup Registration](#)

[Lookup Registration](#)

Anonymous users are not shown in this report.

If you have registered for this race with an anonymous account, you can view your registration(s) by clicking [here](#).

Click Log Activities:

BIB NUMBER	NAME	EVENT	REGISTRATION DATE	OTHER DETAILS	RESULT NOTIFICATIONS
65Z	Chris Tomlinson More Details	26.2 Mile Challenge Log Activities	Sep 14, 2020 at 5:05pm EDT	Gender: M Age: 48 City: Elkridge, MD US	Result Notifications

Fill in the information in the appropriate boxes.

- Activity, Date and Distance are required.
 - You are on the honor system for this data. Track your miles with any training app or use [google maps](#) to track your route before or after you run.
- Time is optional but will open benchmark badges along your journey.
- Comments are just for fun to help you capture memories of your trek.

Chris Tomlinson: 26.2 Mile Challenge

Results will be accepted from Monday September 14, 2020 12:00:am EDT to Saturday October 31, 2020 11:59:pm EDT. [Click here](#) for additional details.

New Activity

[Load Activity from File](#)

Activity * **1**
Run
Walk
Indicate if you walked or ran that day

Date Completed * **2**
09/16/2020

Distance in Miles * **3**
Convert from: ▾
How far you traveled that day.

Enter Your Time
00 : 00 : 00 **4**
HR MIN SEC

Comment **5**
A little bit about that Days Activity for the record books. (On the high school track with my son. It was lightly raining.)

[+ Add Another Activity](#) [Import from CSV](#)

You are encouraged to add your activities *each day* so you can track your daily progress and unlock milestone badges along the way. However, you can enter activities at any time between Oct 1 and Oct. 15. If you make a mistake or need to edit a previous activity, click on the pencil icon on the activities page.

Activities

[Log Activities](#)

September 16, 2020
Run: 2 miles 20:00 Early morning jog around the neighborhood.

[Pencil icon](#) [Trash icon](#)

Your Personal Results Page will tally your distance and time from each activity.

You can track your percentage of the 26.2 goal complete, your cumulative distance and time as well as your pace per mile.

26.2 Mile Challenge | Search by name or bib number | Clear All | Refresh

Chris Tomlinson
26.2 Mile Challenge
Male Age 48 Elkridge, MD

Certificate | Log Activities | Set Notifications | BIB 657

Trophy Case

Overall
13.4 of 26.2 miles | Progress 51.1%

0 | 26.2

DISTANCE IN MILES	GUN TIME	PACE
13.4	3:10:30	14:13
OVERALL		
1 of 1		

Activities | Log Activities

You can see your Activities here and track your progress along the course map

Activities | Log Activities

- September 16, 2020
Run: 2 miles 20:00 Early morning jog around the neighborhood.
- September 15, 2020
Walk: 3.1 miles 45:00
- September 14, 2020
Run: 4 miles 1:00:00
- September 13, 2020
Run: 6.3 miles 1:25:30

Questions About Results?

View Progress on Map

We encourage you to share your personal results page on your social media sites so others can follow along with your progress and successes! You can use the icons in the top of all pages to share easily.

As you move along the route you can earn Milestone Badges that will appear in your Trophy Case.

Chris Tomlinson
26.2 Mile Challenge
Male Age 48 Elkridge, MD

Certificate Log Activities Set Notifications

BIB 657

Trophy Case

Overall
15.4 of 26.2 miles
Progress 58.8%

0 26.2

There are more than 20 Milestone Badges. Some are based on your distance; some are based on activities and some on time.

These will UNLOCK once you reach various benchmarks during your challenge. We encourage you to share your progress and your Trophy Case on your social media pages to get the praise you deserve.

Trophy Case for Chris Tomlinson

Milestones 5/20 Run 12.3 miles Walk 3.1 miles

Overall

3mi 7mi 10mi 13mi 16mi 20mi 22mi 23mi 25mi DONE!!

52.4mi EARNED PUSH! HON! 100mi IRONMAN DIRTY DOZ SACK EM FLOWER POWER HALF-DAY

NOTE: The 26.2 Mile Challenge has a goal of 26.2 miles. However, we encourage you to go further! We have created some specialty badges for those who go OVER the 26.2-mile goal. See if you can unlock them all.

The [RaceJoy App](#) that is offered for the other Baltimore RunFest distances only works with 1-day races. Because the 26.2 challenge is offered over several days RaceJoy will not work for this event. That said, if you plan to complete a 5k (3.1 miles) or 10K (6.2 miles) in one day as one of your activities, feel free to [download RaceJoy](#) for that segment of your journey.