26.2 MILE CHALLENGE INSTRUCTIONS

Welcome to the 2022 Baltimore Running Festival's 26.2 Mile Challenge. Your race will take you on a virtual tour of Charm City using the same course that is used for the live Baltimore Marathon held annually in October.

As a participant, you will cover the 26.2-mile distance over the course of several days. As a goal we have targeted covering the distance starting October 1 and finishing on October 15. That said, you have flexibility to do it how you wish—cover your miles in 3 or 4 days or as many as 3 weeks. Make the CHALLENGE whatever is right for you.

LOGGING YOUR MILES

You can submit your activities Starting Oct. 1 here:

https://runsignup.com/Race/Results/55489#resultSetId-339264;perpage:100

After clicking the SUBMIT VIRTUAL RESULTS button, you will access your personal results page by NAME or EMAIL/BIRTHDATE

Click Log Activities:

BIB NUMBER	NAME	EVENT	REGISTRATION DATE	OTHER DETAILS	RESULT NOTIFICATIONS
657	Chris Tomlinson More Details	26.2 Mile Challenge Log Activities	Sep 14, 2020 at 5:05pm EDT	Gender: M Age: 48 City: Elkridge, MD US	Result Notifications

Fill in the information in the appropriate boxes.

- Activity, Date and Distance are required.
    - You are on the honor system for this data. Track your miles with any training app or use google maps to track your route before or after you run.
- Time is optional but will open benchmark badges along your journey.
- Comments are just for fun to help you capture memories of your trek.

You are encouraged to add your activities *each day* so you can track your daily progress and unlock milestone badges along the way. However, you can enter activities at any time between Oct 1 and Oct. 15. If you make a mistake or need to edit a previous activity, click on the pencil icon on the activities page.
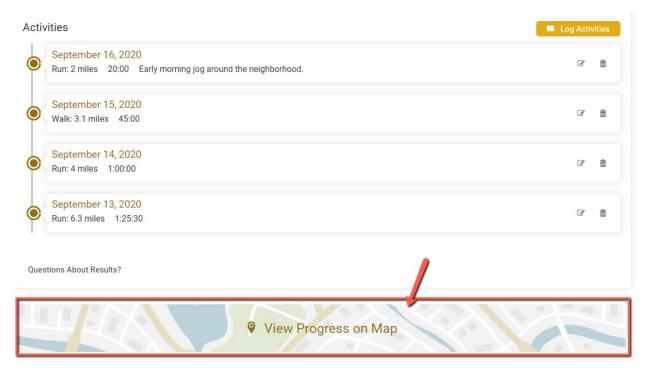
Your Personal Results Page will tally your distance and time from each activity.

You can track your percentage of the 26.2 goal complete, your cumulative distance and time as well as your pace per mile.

You can see your Activities here and track your progress along the course map
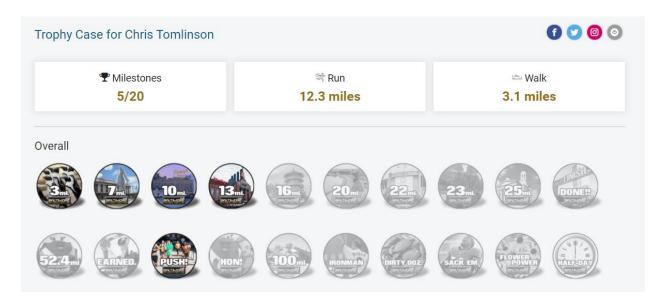

We encourage you to share your personal results page on your social media sites so others can follow along with your progress and successes! You can use the icons in the top of all pages to share easily.

As you move along the route you can earn Milestone Badges that will appear in your Trophy Case.

There are more than 20 Milestone Badges. Some are based on your distance; some are based on activities and some on time.

These will UNLOCK once you reach various benchmarks during your challenge. We encourage you to share your progress and your Trophy Case on your social media pages to get the praise you deserve.

NOTE: The 26.2 Mile Challenge has a goal of 26.2 miles. However, we encourage you to go further! We have created some specialty badges for those who go OVER the 26.2-mile goal.   See if you can unlock them all.

The RaceJoy App that is offered for the other Baltimore RunFest distances only works with 1-day races. Because the 26.2 challenge is offered over several days RaceJoy will not work for this event. That said, if you plan to complete a 5k (3.1 miles) or 10K (6.2 miles) in one day as one of your activities, feel free to download RaceJoy for that segment of your journey.